



FOREST COUNTY POTAWATOMI
COMMUNITY ADVOCACY
welcomes you to the screening of

DODGING BULLETS

STORIES FROM SURVIVORS OF HISTORICAL TRAUMA

**TUESDAY
SEPTEMBER 4
2018**

11:30 AM - 3 PM

**FCP EXECUTIVE
AUDITORIUM**
5416 EVERYBODY'S RD.
CRANDON, WI 54520

OPEN TO:
FCP COMMUNITY
(MATURE AUDIENCES)
EMPLOYEES NEED TO CHECK
WITH SUPERVISORS.

*Lunch and Discussion
Following the Screening*

FOR MORE INFO, CONTACT:
Julie Kaye 715-478-7203
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DODGING BULLETS
confronts Historical Trauma head-on through interviews and discussions with young Native Americans whose lives are stricken by plights known to be effects of Historical Trauma. The film explores research professionals whose work helps develop a better understanding of trauma, how it relates to Native Americans specifically and provides insight into ways we can improve the outcomes of Native people dealing with these challenges. The individuals shown in the film come from a variety of social and economic backgrounds: a middle-school student living on the poverty-stricken Blackfeet Indian Reservation battling an addiction to meth, a hardened enforcer of the A.I.M. who has learned the importance of love late in life, and a successful author/professor teaching the Ojibwe language to university students.

A Trip Down the Wolf River

by Val Niehaus

Forest County Potawatomi AODA department organized a special trip for the youth of the community to participate in on Aug. 16, 2018.

This trip was focused on being able to do something fun, exciting, recreational and physical without having the need for substance abuse. It offered an opportunity to show the youth they can enjoy themselves without alcohol or drugs. The trip was an adventure to Shotgun Eddie's in White Lake, Wis. If anyone is not familiar with this name, it is a white-water rafting venture that is pretty popular in these summer months on the Wolf River.

A total of 50+ people, youth and adults, with ages ranging from 5 and up, took this opportunity to enjoy a good time with friends while laughing and fighting the rapids in their rafts. It should be noted that all of the proper parental signatures were obtained since this can also be a bit of a dangerous sport. For many, it was their first time white-water rafting. A few of the youth who were try-

ing the sport for the first time forgot to take their shoes off in the beginning and ended up soaked! When all was said and done, it seemed that everyone had a great time with each other and also learned a great lesson- you can have a great and fun time without the use of anything to alter your state-of-mind or inhibit your well-being! It was a strong message for these youth to experience.

Many thanks go out to the AODA workers who organized this adventure and kept the youth safe on this trip: Jorge Cisneros Sr., Jordan Keeble, Ira Frank, Jacob Struble, Shelby Cleereman, William Martin, Samantha VanZile-Cottrell, and Erik Carlson (FCP Education). Also thanks to the parents and grandparents that tagged along as chaperones to help on this day of excitement!

The department is going to keep focusing on group activities like this one for the community youth and their families and friends so keep your eyes and ears open!




The
**HEALING
JOURNEY:**

Artwork by Brevin Boyd

Join us as individuals share stories of how substance abuse has impacted their lives, how they cope with the grief of losing a loved one, and how they stay on the path of sobriety.

Wednesday, Sept. 19, 2018 | 6 p.m.
FCP MUSEUM — LOWER LEVEL
OPEN TO THE FCP COMMUNITY, ELDERS, FAMILIES AND YOUTH AGES 9+
POTLUCK: FEEL FREE TO BRING A DISH

Contact: FCP Community Health: (715) 478-4355, or FCP AODA Services: (715) 478-4370, with questions

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER COMMUNITY HEALTH
cmh.FCPotawatomi.com

FOREST COUNTY POTAWATOMI HEALTH & WELLNESS CENTER AODA

For additional information on the topic of grief and grieving, contact the FCP Behavioral Health Department at (715) 478-4332. For topics related to AODA and sobriety, please contact FCP AODA Services at (715) 478-4370.